

Wellspring's

Academic & Youth Development Program Report

January 1, 2022—December 31, 2022

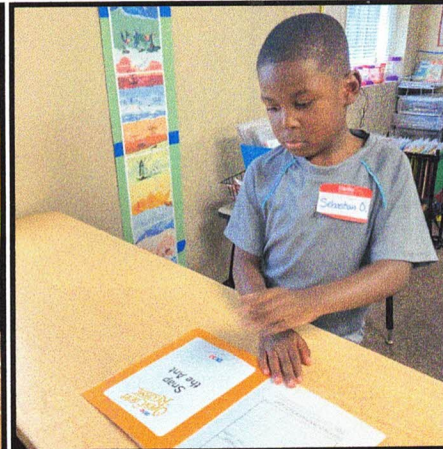
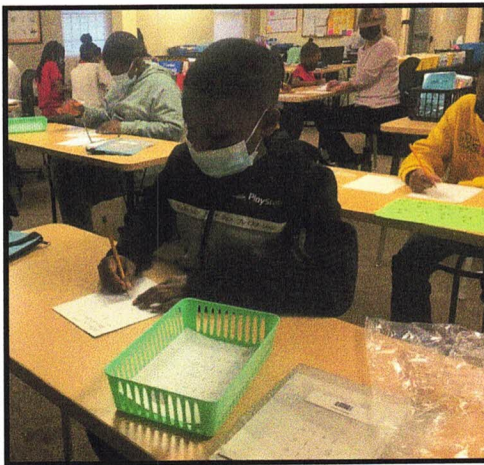
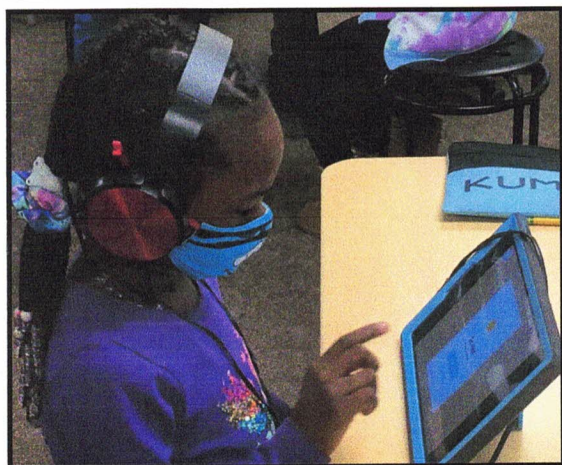
The Academic & Youth Development Program was provided to **345 youth**. 282 of these youth participated in the Kumon academic program as well as additional youth development activities. There were 63 youth who participated in the non-Kumon based youth development activities only. For those youth participating in the Kumon curriculum, a total of 293 Grade Level Increases (GLI) were produced. The average student advanced 1.8 grade levels in math or reading/language arts skill over a 12-month period. A Kumon grade level is approximately equivalent to a grade level in a public school.

Achieving: equips youth with skills and experiences that enable them to achieve academically. Data has shown that, for students attending at least one year, our Kumon program has accomplished a 94% high school graduation rate and a 84% college enrollment rate.



The purpose of the program is to increase the number of youth who graduate from high school prepared to pursue post-secondary education and who have the skills to transition into careers and adulthood. This is accomplished by providing a high quality math and reading curriculum, additional academic supports, and comprehensive youth development programming.

The program uses the research-based ACT framework of youth development. ACT stands for **Achieving, Connecting and Thriving** and is built on the best of educational and developmental psychology. It identifies and develops core assets and skill sets that are important for success in school, college and 21st Century careers.



Kumon Centers are located nationwide and around the world and normally target middle- to upper-income communities. Wellspring offers youth in a lower-income community the same opportunity through the generous support of individuals, churches, corporations, community groups, and foundations. These grants have enabled participants from predominately low-income families to significantly improve their math and reading/language arts skills.

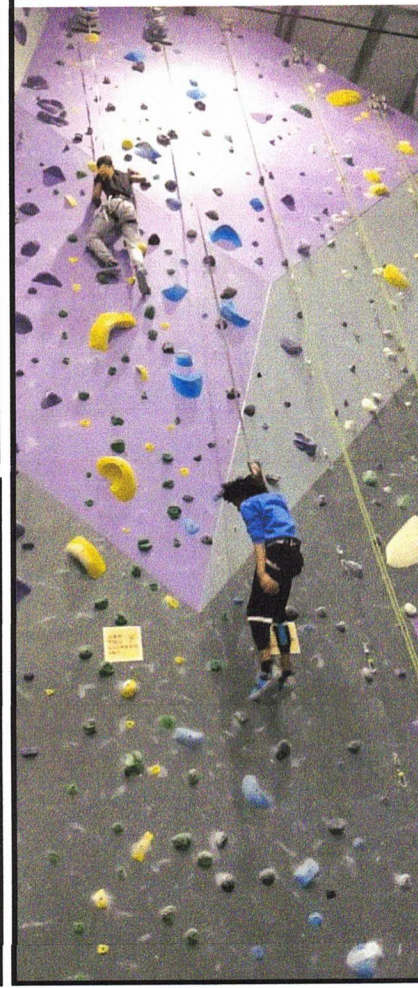
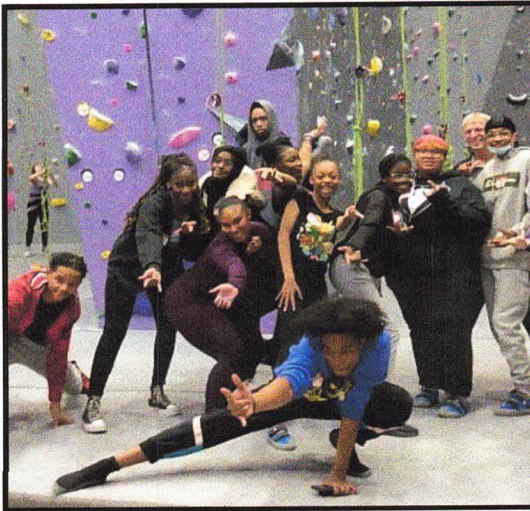
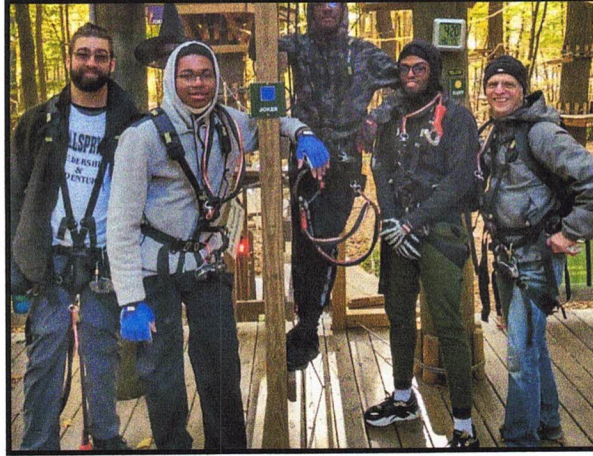
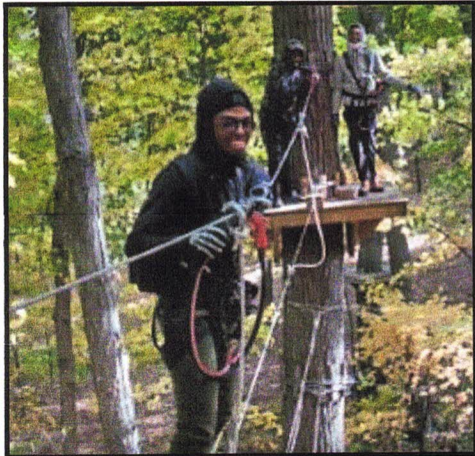
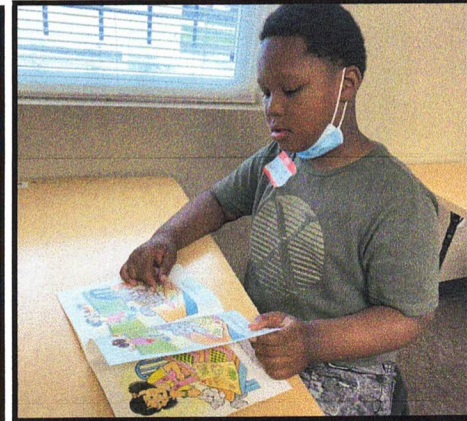
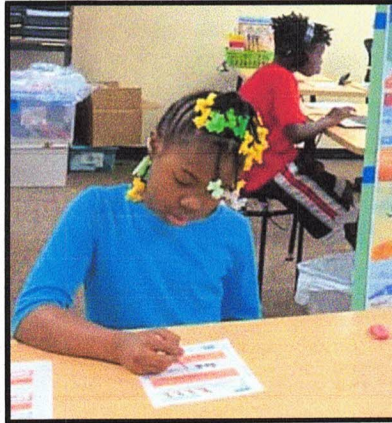
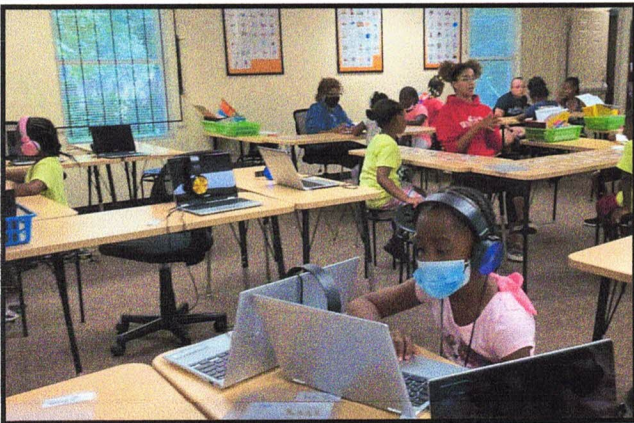
Grants were provided by the following organizations during the program year:

- Charleys Kids Foundation
- City of Detroit/Neighborhood Opportunity Fund (NOF)
- Community Foundation for SE Michigan
- Detroit Industrial School Foundation
- Detroit IOBY Foundation
- Max M. & Marjorie S. Fisher Foundation
- Helen L. Kay Foundation
- Pitney Bowes Foundation
- PNC Foundation
- The Skillman Foundation
- Special People in Need Foundation
- Ralph C. Wilson, Jr. Foundation
- The Towsley Foundation
- Village Club Foundation
- Young Woman's Home Association Foundation



Achieving: Activities for 2022 included:

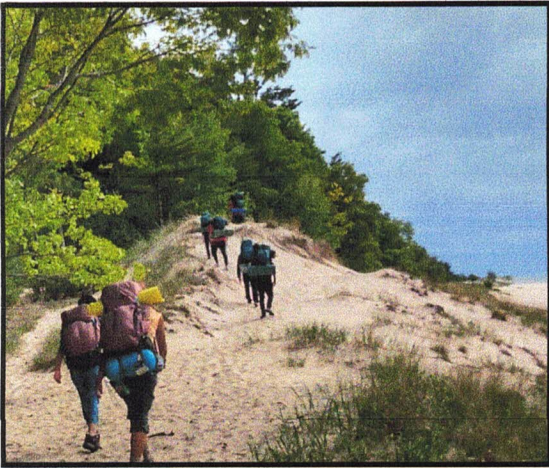
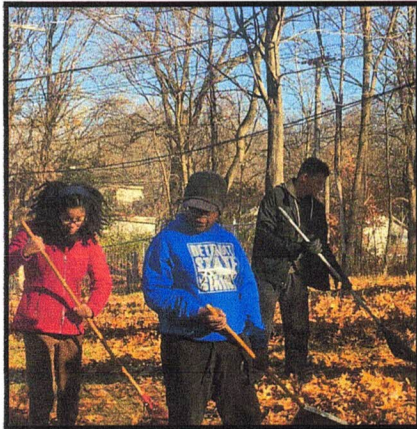
- Kumon math & reading 4 days per week, year round. Each youth comes to the center two days/week, with homework on 5 days.
- Individual College Readiness & Support Sessions, January—December, 2022
- College Visit to Wayne State University, 3-31-22
- Summer Reading Program, 7-5-22-8-11-22
- Young Men Next Steps Program, 10-15-22
- College Visit to Schoolcraft College, 11-12-22
- Career Night Panel 12-8-22
- College Career Challenge Program, 12-13-22 & 12-15-22



Connecting:

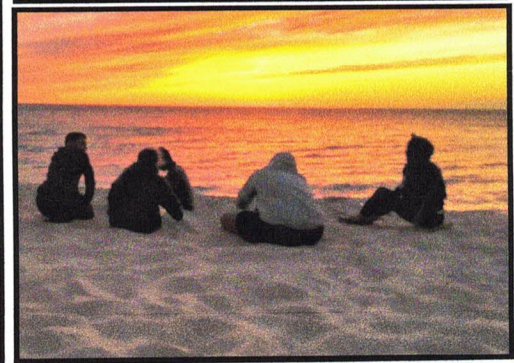
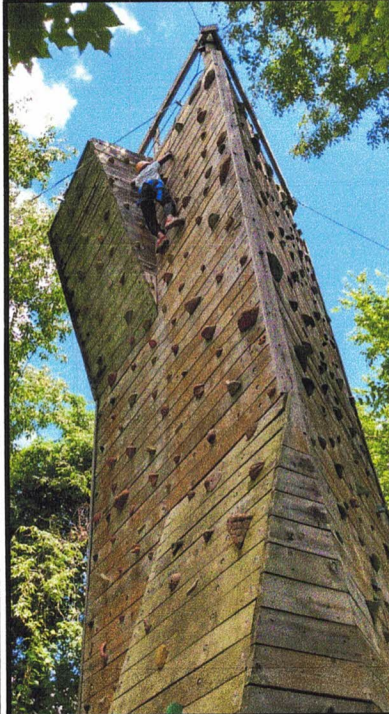
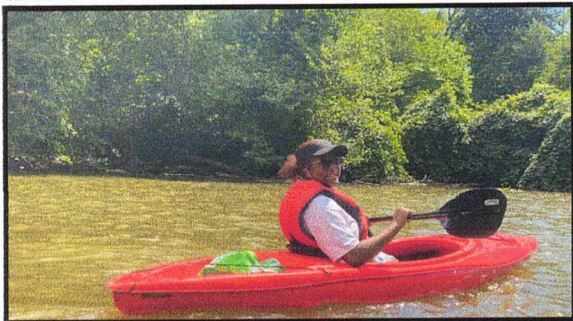
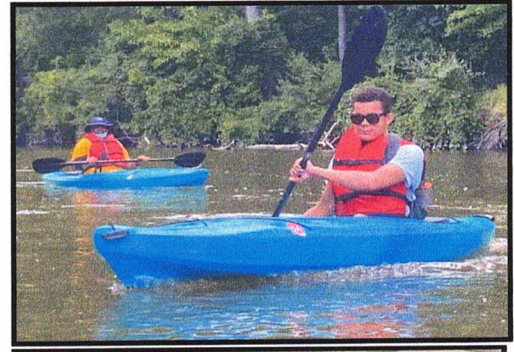
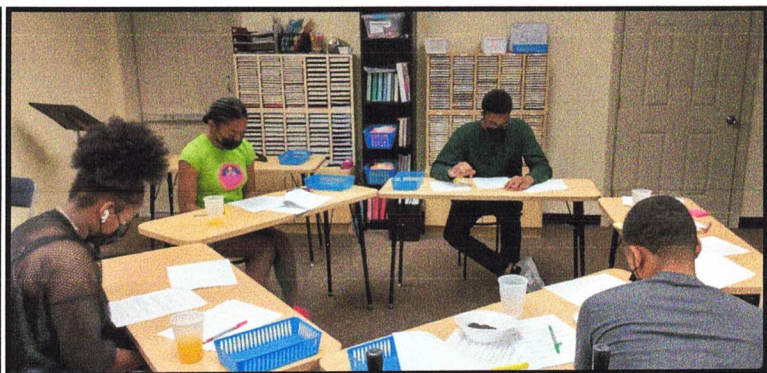
These activities helped foster a sense of community and connectedness between students, staff and the community at large.

- Teen Girls Painting with a Twist, 2-12-22
- Cross Country Skiing, 3-5-22
- Teen Girl's Self-Defense Class, 4-30-22
- Teen Backpacking Trip, 6-3-22-6-5-22
- Detroit Zoo Field Trip for 5-7 year-olds, 8-5-22
- Detroit Zoo Field Trip for 9-12 year-olds, 8-5-22
- Family Fun Day & Award Ceremony, 8-14-22
- Cider Mill Trip for 5-7 year-olds, 10-8-22
- Cider Mill Trip, 9-12 year olds, 10-8-22
- Teen Cider Mill Trip, 10/29/22
- Teen Service, Raking Project, 11-26-22
- Teen Service Project with Senior Citizens, 12/19/22



Thriving: Students are provided with activities that foster leadership and such characteristics as self-confidence and self-efficacy. Central to “Thriving” is building in youth the sense that they *can* succeed.

- Teen Leadership Council, 33 Sessions, Jan – Dec 2022
- Teen Philanthropy Retreat, 2-5-22
- 5-Day Teen Leadership Program, 6-27-22—7-1-22
- Basic Leadership Training Program, 7-28-22
- 7-Part Summer Adventure 2022, July—August 2022
- Teen Philanthropy Banquet, 11-3-22



**Wellspring's Program Evaluation
Academic & Youth Development Program
January 1, 2022 – December 31, 2022**

Notes on Evaluation		
Wellspring received 85% of projected funding. Therefore, it would follow that expected outputs and outcomes should be evaluated on the basis of the degree to which we achieved 85% of the initial projections.		
Projected Outputs & Outcomes	Status/Results	Successes/Challenges
ACHIEVING		
Service 200 youth twice per week in the Kumon math and reading program.	An average of 165 students were serviced twice/week during the program year (83% of projections).	
Service a total of 400 youth in the Kumon math & reading program.	282 youth were served during the program year (71% of projections).	
Service a total of 450 unduplicated youth.	The program was provided to a total of 345 unduplicated youth (77% of projections).	Of these 345 youth, 282 participated in the Kumon curriculum and 63 youth participated in other youth development components only.
The average active student will advance .17 skill levels in math or reading for each month of enrollment, meaning that a full-year student will master an average of 2.0 grade levels.	Our students averaged .15 levels per month (88% of projections), meaning that the average 12-month student mastered 1.8 grade levels in skill (90% of projections).	<p>100% of the teens surveyed reported that Kumon helped improve their math and/or reading skills.</p> <p>92% of youth (ages 5-12) surveyed said in Kumon they learned that they can do the hardest work if they try.</p>
400 total grade level increases in math or reading skill.	We produced a total of 293 grade level increase (GLI's). This is 73% of our initial projections.	
Parents will be empowered to make informed decisions regarding youth education.	All parents who enrolled their child(ren) in the Kumon math or reading program attended a parent orientation where they were shown how to actively and successfully engage their child in program.	
40 high school & post high school students will receive one of more activities in college prep (2 college tours, SAT test prep, financial aid application process, other individual college prep and tracking, College Information Nights, Career Night, College Career Challenge Programs that involve exploring gifts and talents and aligning them with college and career choices and going to a professional Challenge course to engage in activities that build team work and self-confidence through a ropes course and an indoor rock climbing wall.	<p>53 high school and post high school students received college prep support in one or more of the following areas (133% of projections):</p> <ul style="list-style-type: none"> -2 college tours (Schoolcraft College and Wayne State University) -2 College & Career Challenge Programs -Career Night -Individual College Prep Support with college selection, college applications, financial aid applications 	<p>In self-reporting surveys, 67% of the teens stated that they “strongly agree” or “agree” that the college-readiness activities helped them better prepare for college.</p> <p>“Eased my nerves about college,” one student said.</p>

CONNECTING

<p>Youth will strengthen their relationships with their peers by accomplishing the following:</p> <p>-200 youth will participate in in-house recreational activities or special activities or field trips.</p> <p>-5 special activities or field trips will be offered to youth, ages 8-12</p> <p>-5 special activities or field trips will be offered to teens, ages 13-18</p> <p>-200 youth will participate in special activities or field trips.</p> <p>-10 teens will participate in a 2-day Basic Leadership Program (Team building & UM Challenge Course)</p> <p>-10 teens will participate in a 5-day, 40 hours Teen Leadership Program (includes a high ropes course and community service).</p> <p>-10 teens will participate in 7-part Summer Adventure 2022 (includes kayaking and a 4-day camping experience to Sleeping Bear Dunes National Lakeshore in northern Michigan).</p>	<p>Since COVID-19, Wellspring has not offer in-house recreation. 130 youth participated in special activities. (65% of projections.)</p> <p>-5 special activities or field trips were offered to youth (100% of projections)</p> <p>-6 special activities or field trips were offered to teens, ages, 13-18 (120% of projections)</p> <p>-130 youth participated in special activities or field trips (65% of projections).</p> <p>- 8 teens participated in the 2-Day Basic Leadership Program (80% of projections)</p> <p>-11 teens participated in a 5-day Teen Leadership Program, which included high ropes and community service. (110% of projections).</p> <p>-11 teens participated in 7-part Summer Adventure 2022 (included kayaking and a 5-day camping experience to Sleeping Bear Dunes National Lakeshore in northern Michigan). (110% of projections)</p>	<p>On a survey, 100% of Wellspring youth reported, “True” to the statement “I have made new friends at Wellspring during the past year.” 100% of these youth also reported, “True” to the statement “I have gotten closer to Wellspring staff this past year”.</p> <p>One student said, “I enjoyed the Fall Cider Mill Trip because I thought it was really fun, and I learned that I wasn’t the only kid from my school that came to Kumon.”</p> <p>On a survey, 75% of teens “Strongly Agreed” or “Agreed” that they felt more connected to other Wellspring teens. 92% “Strongly Agreed” or “Agreed” that they felt more connected to Wellspring staff.</p> <p>100% of teens in the Basic Leadership Program said they gained communication skills and felt better able to trust others. One student said they learned, “I can speak my mind.”</p> <p>100% of teens in the Teen Leadership Program said they gained self-confidence and felt better able to face their fears. 86% also said they made significant gains in communication.</p> <p>One teen said they learned, “Team building and making sure everyone in the group was comfortable sharing their opinions.”</p> <p>100% percent of teens in the Summer Adventure Program 2022 also said they gained self-confidence, communication and felt better able to face their fears. 100% said they also felt they learned more about themselves and felt more resilient as a result of this program.</p>
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<p>Youth will build positive relationships with adult role models.</p>	<p>This was accomplished through all program activities being utilized to foster positive relationships between staff and students.</p>	<p>On a survey of younger youth, 100% reported getting closer to Wellspring staff.</p> <p>On a survey of teens, 92% reported feeling more connected to Wellspring staff over the past year.</p> <p>One youth said, “Well, I will say that the staff and my friends and the activities are just amazing.”</p>
<p>Youth will be more positively connected to their community. This will be accomplished through:</p> <p>-2 community service projects will be completed by youth.</p> <p>-8 teens will be trained and placed in peer leadership roles at Wellspring.</p>	<p>We accomplished seeing the youth more connected to the community by:</p> <p>-Providing 3 community service project (150% of projection). A total of 10 students participated in the community service project.</p> <p>-12 teens were trained and served in peer leadership roles as part of our Teen Leadership Council. (150% of projections).</p> <p>6 teens and 4 young adults served in peer leadership roles as employees in Wellspring’s year-round employment program.</p>	<p>Wellspring Teen Council: The Teen Council met 31 times in 2022. They identified, evaluated, planned and implemented several programs for teens and youth at Wellspring as part of their service on the Teen Council. Wellspring teens were also provided a unique opportunity to engage in philanthropy in the Brightmoor Community in 2022. The Max M. and Marjorie S. Fisher Foundation funded the Wellspring Teen Council to develop a Teen Philanthropy Program that is allowed them to once again to identify a community need, request proposals from community non-profits and select winning bids. The Teen Council awarded \$34,000 to grass root organizations in the areas of mental health, financial literacy and living skills.</p>

THRIVING

<p>Youth will develop greater self-confidence and self-efficacy through the following:</p> <p>-400 youth will participate in the Kumon curriculum, which requires consistent daily effort and challenges them to master increasingly difficult material.</p> <p>-10 teens will participate in a 2-Day Basic Leadership Program (Team building & UM Challenge Course)</p>	<p>Youth developed greater self-confidence and efficacy through the activities below.</p> <p>-293 youth were part of the Kumon math & reading curriculum (73% of projections).</p> <p>- 8 teens participated in the 2-Day Basic Leadership Program (Team building & UM Challenge Course 80% of projections)</p>	<p>Self-reporting surveys showed that various aspects of Thriving and life skills were gained by the youth at Wellspring in 2022:</p> <ul style="list-style-type: none"> • Ability to complete Kumon work (100%) • Ability to gain help with math or reading (100%) • Ability to ask for help (100%) • Learning from mistakes (100%) • Ability to do the hardest work if I try (92%) • Ability to learn things taught in school (100%) • Ability to figure out difficult homework (83%) • Learning to better control my behavior (83%)
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<p>-10 teens will participate in a 5-day, 40-hour Teen Leadership Program (includes a high ropes course and community service).</p>	<p>-11 teens participated in a 5-day Teen Leadership Program, (110% of projections).</p>	<p>Regarding participation in the Teen Leadership Program, a student said, "I learned about fun ice breakers, and new methods of calming down when you are scared."</p>
<p>-10 teens will participate in 7-part Summer Adventure 2022 (includes kayaking, leadership, and a 4-day camping experience to Sleeping Bear Dunes National Lakeshore in northern Michigan).</p>	<p>-11 teens participated in 7-part Summer Adventure 2022 included kayaking and a 5-day camping experience to Sleeping Bear Dunes National Lakeshore in northern Michigan). 110% of projections</p>	<p>One student said the personal accomplishment they were most proud of as a result of Summer Adventure 2022 was, "Facing my fears." Other points of pride reported by the students included, "That I went camping," "Not complaining," and "That I went to the top of the dunes!"</p>
<p>-2 community service projects will be completed by teens</p>	<p>-4 community service project took place (200% of projection). A total of 18 students participated in the community service projects.</p>	<p>In our teen survey, the following is a list of the percentage of Wellspring teen participants who felt they gained in certain life skill areas:</p> <ul style="list-style-type: none"> • Asking for help (77%) • Decision Making (69%) • Leadership (77%) • Patience (69%) • Respect (54%) • Friendship (69%) • Honesty (54%) • Positive Relationships (62%) • Responsibility (85%) • Self-control (46%) • Teamwork (69%) • Job Skills (62%)
<p>-8 youth will be trained and placed in peer leadership roles at Wellspring.</p>	<p>-12 teens were trained and served in peer leadership roles as part of our Teen Leadership Council (150% of projections).</p> <p>-6 teens and 4 young adults served in peer leadership roles as employees in Wellspring's year-round employment opportunity.</p>	<p>100% of teens reported that Teen Council enabled them to develop new leadership skills 88% teens reported that Teen Council enabled them to contribute to Wellspring and the other teens at Wellspring. 100% of teens reported that Teen Council enabled them to feel that they were contributing to making a better community.</p> <p>67% of the teens serving as employees reported gaining helpful job and life skills.</p>

Academic & Youth Development Financial Statement

Time period this budget covers: January 1, 2022 - December 31, 2022

Expenses:

	Total for Program
PERSONNEL	
Academic Director/Math Instructor	\$ 39,000
Reading Instructor/Reporting Officer	43,230
Reading Specialists (3)	98,350
Academic & Youth Development Assistants	53,870
Youth Development Specialist	40,210
Program Receptionist	8,290
Accounting Officer	5,700
Co-director	49,230
Add'l Staff Costs: College Support Specialist; Facility Maintenance	11,740
Payroll Taxes	26,750
Medical Expense Reimbursement	6,040
Total Personnel	\$ 382,410
OTHER PROGRAM COSTS	
Insurance	\$ 6,780
Office Equipment, Supplies, Printing & Postage	4,920
Professional Development	3,060
Audit & 990	4,660
Utilities & Telephone	9,530
Youth Development Activities, Supplies & Support	74,040
Kumon Royalty Fees	56,040
Educational Aids & Supplies	6,310
Transportation	2,200
Building Maintenance & Supplies	5,050
Subtotal	\$ 172,590
Total Expenses	\$ 555,000

Revenue:

Grants

	Committed
The Skillman Foundation - academics, leadership & wellness	\$ 210,700
The City of Detroit/Neighborhood Opportunity Fund	77,950
Max M. & Marjorie S. Fisher Foundation	181,000
Ralph C. Wilson, Jr. Foundation	6,320
Young Woman's Home Association	10,000
Charles Kids Foundation	10,000
Towsley Foundation	10,000
Community Foundation for SE MI	2,070
PNC Foundation	5,000
Pitney Bowes	5,000
Village Club Foundation	4,000
Detroit Industrial School Foundation	5,000
Special People in Need	3,000
Helen L. Kay Charitable Trust	5,000
Crowdfunding through IOBY	4,250
Program Fees	7,480
School & Community Partnerships	8,230
	\$ 555,000

Total Revenue and Resources
In-Kind/ Volunteer Services

\$ 555,000
20,000